



(Available 24/7 including Saturdays, Sundays, and holidays)

*For citizens of Shizuoka city, please call For citizens of Hamamatsu City, call

 $\frac{054 \cdot 249 \cdot 2221}{0120 \cdot 368 \cdot 567}.$

[Please also watch these videos on the government internet TV.]

How to wear a mask	How to wash your hands	Avoid eating out with	
properly	properly	many people loudly	
回激氛围	回然就回	国際英国	
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Share this information with as many people as possible with your SNS

Shizuoka West Health and Welfare Center (West Health Center Community Health Care Division)

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